



Lfteris Adilinis

Leading with objectivity and balance

Overview

Lfteris brings decades of experience as a business leader and international broadcast journalist to his work as an executive coach. He has coached and mentored at all levels of international organisations across Europe from executives and senior leaders to board level directors. Lfteris is a trusted and sought-after advisor to politicians, ministers, diplomats and business leaders on international and regional political affairs. With a reputation for balance and objectivity, his passion is to help people succeed in their leadership role and to transform their professional and personal lives.

Prior to coaching Lfteris held a long and successful journalism career at the BBC World Service. In addition to broadcasting and producing, he also served as director and project manager in the subsea telecom cable market.

Location

Cyprus

Languages

Greek (native)
English

Specialties

Transformational coaching, board-level mentoring, multinational team building, leading hybrid teams and fostering cross-cultural collaboration

Clients

Lfteris diverse portfolio includes clients from industries such as banking, construction, government, media, shipping & logistics and telecoms.

Training & Qualifications

- Certified Professional Coach (EMCC Global)
- BA Honors, Communication (Middlesex University, UK)