



Monica Bryant

Brings wellbeing and science together for transformational change

Overview

Monica Bryant-Ruiz MSc PCC is an experienced global leader with outstanding international track record in delivering results and driving positive change, both on individual and corporate landscapes. A natural communicator and relationship builder with sound experience setting strategy, leading teams and building partnerships. She brings over 20 years of experience as a Corporate Executive and Master Coach, Experienced Speaker and Trainer; having delivered over 4000h of client work.

In her lifetime, she has lived in 4 continents and speaks 8 languages. She currently splits her time between London, and Rotterdam. She loves spending time in nature, sharing soulful food with her loved ones over insightful conversations and expanding her horizons through traveling, learning and sharing stories.

Location

UK

Languages

Catalan (native)
English
Spanish
German
French

Specialties

Executive & leadership development, change management, navigating uncertainty, developing resilience, mindfulness and wellbeing, business & marketing strategy, creative thinking, cross-cultural integration, conscious communication, cognitive behavioural change, keynote speaker.

Clients

Monica has a wealth of experience prior to coaching, in global marketing, finance and professional services industries. She has worked with some of the most respected firms such as Google, PepsiCo, Amazon, Adidas, Ogilvy, Bloomberg, Roche, and Salesforce.

Training & Qualifications

- Mentor Coaching, Beckett Mcinroy Consultancy (BMC), CoachME
- Systemic Coaching, Supervision Diploma (ESIA) (BMC), CoachME
- Fellow Member, Institute of Coaching, Harvard Medical School
- EIA Senior Practitioner Level, EMCC Global
- Professional Certified Coach (PCC), ICF