



## Tess He

Wants you to love your life, like she loves hers

### Overview

Tess is a career, life and corporate coach with over 15 years of experience. She specialises in offering coaching services for Fortune 500 companies, large state-owned enterprises and private enterprises. With her rich life experience, enthusiastic communication style and responsible work attitude, Tess helps her clients to grow both personally and professionally.

Tess draws on 20 years of personal experience working with 40+ nationalities across many different industries. Aside from coaching she is also the director of the Shanshu Charity Foundation.

### Location

China

### Languages

Chinese (native)  
English

### Specialties

Executive coaching, leadership development, one-on-one coaching, communication and team building.

### Clients

Tess's clients span across multiple industries that include automotive, engineering, food & beverage, pharmaceutical, technology and telecoms.

### Training & Qualifications

- PCC, Professional Certified Coach (International Coaching Federation)