



Shaun Young

Warmly and gently challenges the reality you are creating

Overview

Shaun consults and coaches across all levels for some of the world's leading organisations and has worked extensively in Europe, Scandinavia, USA and Asia. His background is in human psychology and he specialises in organisational learning and development, as well as in cultural and behavioural change management.

Shaun uses positive psychology and resilience techniques to enable executives to become more confident and focused on overcoming any barriers to success. He has coached thousands of individuals, leaders and teams through turbulent times. Shaun has also authored and co-authored many personal development, leadership and coaching programs. All of his work is psychologically informed and is designed to tap into people's personal strengths and wisdom and to grow emotional intelligence, resilience and agility – whether they are neurotypical or neurodivergent. Shaun transforms people and organisations from the inside out.

Location

UK

Languages

English

Specialties

Organisational learning and development, cultural and behavioural change management, personal development, leadership and coaching programs, positive psychology and resilience techniques, neurodiversity, emotional intelligence.

Clients

Shaun has worked with clients in major international organisations as well as government and third sector, including financial services, manufacturing, government agencies, health & personal care and technology.

Training & Qualifications

- Diploma in Life Coaching (Newcastle College, UK)
- Certificate in Person-Centred Counselling (Westminster College, UK)
- Diploma in Neuro-Linguistic Programming (International NLP Trainers Association)
- BSc Hons in Behavioural Science (NENE University, UK)