tnmcoaching

Rebecca Delgado Berg

Uses creativity as a tool to create growth

Overview

Rebecca is an accredited coach who, having a background in the creative sector, strongly believes in using creativity as a tool to create growth in both organizations and individuals. After 15 years of professional ballet training at the Royal Swedish Ballet School, and graduating from the Stella Adler Studio of Acting New York, she makes use of her creative performance background in her work and implements the latest in both innovation and personal development to achieve the best results.

In Rebecca's coaching, she is particularly driven by bringing forth the potential that lies within each organisation and individual in a tailored way unique to each client.

Location

UK

Languages

Tri-lingual Swedish-Spanish-English

Italian

Specialties

Confidence-building, personal productivity, personal growth, career development, creativity, transition, arts, entrepreneurship.

Clients

Rebecca works with clients from industries such as entertainment, fashion, health, media and professional services.

Training & Qualifications

- Core Coaching Curriculum (Co-Active Training Institute)
- Coach Training (Relational Dynamics 1st)
- BSc Psychology (Birkbeck, University of London, UK)