



## Rakhee Sharma

A catalyst for wellbeing and mindful, compassionate leadership

### Overview

Rakhee, an executive and mindful leadership coach, is passionate about bringing satisfaction and joy in people's lives by coaching them to explore and utilize the huge reservoir of untapped potential that each one of us possesses. She has been coaching for over 10 years with over 20 years' experience in the field of learning and development. In addition to coaching leaders from Fortune 500 companies, she has worked with Aparajita Women, an award-winning L&D program.

Rakhee's early career was in sales and marketing in the cosmetics industry. This experience ignited her interest in developing others, as she subsequently moved into learning & development. The richness of her coaching engagements is supported by her learnings from subjects like mindfulness, compassion, emotional intelligence, systems thinking, transaction analysis, and gestalt and positive psychology.

### Location

India

### Languages

English-Hindi  
(bi-lingual)

### Specialties

Executive and mindful leadership coaching, mindfulness and compassion, women leadership, emotional intelligence and resilience.

### Clients

Rakhee works with a wide range of international clients, including in automotive, engineering, manufacturing, professional services, retail, shipping & logistics, technology and telecoms.

### Training & Qualifications

- PCC, Professional Certified Coach (International Coaching Federation)
- Executive Coaching and Master Spirit Life Coaching (Certified Coaches Alliance, Canada)
- Certified Marshall Goldsmith Stakeholders-Centered Coaching (India)
- Practitioner in NLP, Gestalt, Applied CBT (India)
- De-mystifying mindfulness (University of Leiden, Netherlands)
- Certified DiSC (extended)
- Executive MBA (ISB, India)
- Bachelor of Education (Annamalai University, India)