



Jonas Dahlin

Focuses on the human 'software' to drive sustainable change

Overview

Jonas is a strategic coach who specialises in helping top managers and executives create sustainable change within their companies. With over 20 years of experience, he believes that most organisations are very good at setting up the “hardware”, the facts and figures. His focus is to help them with the “software”, getting everyone onboard, motivated and focused in the process.

Early in his career Jonas spent over 8 years in varying IT roles ranging from IT coordinator and site manager to leading a development team in Sweden. Along with coaching Jonas has a passion for physical fitness and is a certified Level 2 CrossFit trainer.

Location

Sweden

Languages

Swedish (native)
English

Specialties

Change management, executive coaching, leadership coaching and training, emotional intelligence, talent development, effective decision making and communication.

Clients

Jonas' clients include companies in the biotech, pharmaceutical, technology, and telecom sectors.

Training & Qualifications

- Advanced Coach Training (The Evolutionary Institute, Europe)
- CoachU Graduate
- Certified BarOn EQ-I Practitioner