



Chris Hardy

Embraces uncertainty and creates beauty through change

Overview

Chris is a team coach, cultural architect and writer. His coaching is built on a deep appreciation for the potential we all have within us to live in service of a more beautiful world. He believes work should be nourishing, meaningful and satisfying. He coaches artists, business leaders, writers, entrepreneurs and other coaches to create fully self-expressed lives of creativity and purpose.

Prior to coaching, Chris was a secondary school teacher before moving into personal development. He also built on his passion for sustainability through serving as the Director for Upcycle UK where he led large-scale international events for over 10 years.

Location

UK

Languages

English

Specialties

Managing stress, decision making, organisational development, team building, communication and transforming emerging leaders.

Clients

Chris' diverse client portfolio includes industries in education, energy, non-profit, marketing, retail and transportation.

Training & Qualifications

- PCC, Professional Certified Coach (International Coaching Federation)
- Professional Certified Coach (Evolution Coaching Academy)
- Certified Yoga Instructor
- PGCE, Secondary Education (Canterbury Christ Church University, UK)
- BA, Theology & Religious Studies (Bristol University, UK)